Opinions of Great Papers on Important Subjects.

#### Nervous Prosperity Is a Disease.

ERELY being prosperous makes many persons ervous. Women, having duties which, if not ewer, are less compulsory, than those of men, are peculiarly subject to this complaint. Their physical strength is less, their nervous systems are more complicated. Secretary Root regrets the decrease of country life on the ground that

cities make a nervous race, different from the cool old stock which has been the basis of our civilization. Mr Root thinks that nearness to the soil is a necessary condition of strong nerves. The American climate, in the Northern States, is exciting. Many who cannot sleep in the United States are less troubled with insomnia abroad. When cable cars, with gongs and crowds, railways over head, packed streets, automobiles, telephones, telegrams messenger boys, and the general machinery of haste are added, nervous tension becomes extreme. Sometimes it takes the form of a passion for late hours, and might be called Somnophobia. The Somnophobiac is so keyed up that he shrinks from the relaxation of sleep, or any other quietness. The love of excitement is often as disintegrating as the love of drink. "Be not hurried away by excitement," says Epictetus, "but say, 'Semblance, wait for me a little. Let me see what you are and what you represent." Many of our occupations would hardly stand the test of Epictetus. Emerson made the same point as Mr. Root, when he said that Nature's comment is, "Why so hot, little man?" As women are more responsible, just now, than men, for increasing nervosity, one of our problems is to make natural activities attractive to them-not work enough to exhaust them, but enough to keep them from being as restless as a fly under an exhausted receiver. Pleasures, diversions, are never sufficient to form a life. Responsibility is necessary to freedom. Thackeray, laughing at the strivings of Werther, had his heroine, at the end of the poem, go on cutting bread and butter. Candide, after examining all possible worlds, decided that the real thing was to cultivate a garden.-Collier's Weekly.

#### Physical Training in the Schools.



BOUT the best thing that has yet been hit upon in connection with the public schools is the care that is being bestowed on the physical condition of the children. In the larger cities of the United States and to some extent in Canada hildren are being examined for physical defects, and appropriate measures are being taken

to remedy these as far as possible. If nothing more was done than to promote the habit of deep breathing that would be a hygienic reform of the first importance. We doubt if anything could be done by public authority that would contribute more to the health and happiness of the community. Until human beings are placed in full possession of their physical faculties and in full enjoyment of their natural functions, they do not know how good a place the world is. With more of genuine good health in the world, more of something approaching physical perfection, there would be less craving for artificial enjoyments and probably less craving for wealth. If the schools will, in addition to making the children practice deep breathing, cultivate their speaking voices and teach them to walk well, the effect in a few years will be marvelous .-Montreal Star.

# The Law of Life.



ACK of work does turn men into tramps, but t does not keep them tramps. The man and the job cannot always keep apart unless the man so wishes. The proof is the fact that thousands of men have been tramps and are no longer. And these men did not owe their escape from tramphood to anything that anybody

did for them. They owed it entirely to themselves. Taking his life through, the average tramp is such because he wishes to be-because he falls into the delusion that it is easier to beg and steal than to work. One of those economic lulls known as hard times" may have set him to tramping. But, when this lull was over he did not remain a tramp unless he wished to.

The individual human life, like the electric current. Christian Guardian.

### seeks the line of least resistance. All men are prone to take the line in life on which they can travel with least effort. Man, like other animals, is naturally averse to

exertion not compelled by immediate necessity. In other

words, man is naturally lazy unless his foresight teaches

him and his will impels him to be industrious. The habitual tramp is such because he lacks the will to be otherwise. Sentimental philanthropists may be challenged to produce a single tramp who, if his story were truly known, could not be proved to have thrown away, because it required of him harder work than he was willing to do, opportunity after opportunity to escape from his

condition. Civilization does not produce the habitual tramp of sturdy beggar. He exists in civilization because it is too falsely humane to compel him to work or starve, as savagery does. And it is a perversion of philanthropy to hold that the tramp, or any other human being, is entitled to any place in civilization other than what his will to work can achieve. Work is the law of life.-Chicago Inter Ocean.

#### **Evolution of Industrial Methods.**



E believe that industry among human beings destined to pass through three phases-the chases of competition, of organization, of emu-

Civilization has spent thousands of years in the competitive system. Out of a hundred business men ninety-nine have failed-one hundred business enterprises have landed ninety-nine men with broken hearts, broken hopes, and one man with money in his pocket and a broken digestion.

Competition encouraged the merchant to sell adulterated goods, bogus goods, worthless goods. It encouraged him to pay his employes as little as he could in order to compete with others who hired employes, and to charge his customers as much as he could,

The competitive system is now dying a slow death. Already the system of organization has arrived, and the trusts represent this system.

It is crude and selfish, it takes for a few big organized pirates the enormous sums that used to be distributed among a great many little competitive pirates.

But organization, even under trust management, is a step in the right direction. The trust that is combining the nation's industries into

a few companies paves the way certainly and surely for national ownership. When one man, or half a dozen men, shall own all the

railroads, there will be an interference by the people sooner or later. When one man, or a few men, shall own all the steel mills, all the coal mines and all the oil wells, all the street car lines—there will be interference by the people that Herbert would "take to drink," or sooner or later.

When it is clearly proved that one man, or a few men, can run the business of the nation, that the much vaunted competition is not the life of trade but an indication of savagery, then the people will say to the one man, or the few men, "We, the people, will own the business of the people, and not you, an individual."-New York Journal.

### Anglo-American Arbitration.



SOME of the United States newspapers sug gest the desirability of an arbitration treaty between Britain and that country, similar to that recently made between Britain and France. Joyce (Aunt Madeline) was preparing to a loving, trusting girl of eighteen, and to 1861 a partner of Abraham Lincoln, died Everything that looks in the direction of lessen go to work to earn her own support, he see his blue eyes so full of love, so beau- recently at St. Luke's hospital in Chiing the danger of war, and establishing the pacific plan of settling international disputes by fair argumentation before a competent and impartial tri-

bunal, instead of by "the stern arbitrament of the sword," should have the support of all right-thinking men. The tendency shown among the nations to discuss such peace ful methods, and in some cases to adopt them, is a sign of sister for years and was thoroughly tried the times for which we ought to be thankful. It is an evi. by repeated disappointments and redence of the development of the Christian consciousness verses, was very different from weak, which, when it reaches its full development, will tolerate war no more. It may seem a far cry yet to the day when "the kindly earth shall slumber, lapt in universal law," but it is coming. By all means the two great English-speaking | door. Mrs. Price was one of those womnations should show a good lead in this direction .- The en who never entered a child's room with-

### ONE OF DOWIE'S STORIES.

An Old Scotchman Who Went Throug

John Alexander Dowie is opposed to the bankruptcy laws, which he regards | worrying you? I think it mean, and I've as dishonest. Mr. Dowie holds that if a man owes a debt he owes it till it is paid, and no law on earth can absolve him from it. In his hotel one afternoon, during his New York campaign, Mr. Dowie told a reporter a bankrupt-

"In Scotland, where I come from," he said, "there used to live an old man

through the bankruptcy court, and was let off at the rate of 5 shillings to the pound. Permission was given him,

potatoes, tea, oatmeal, sugar, eggs, and so forth, to the extent of £2. At the end, taking up his parcels, he laid of glory." down 10 shillings in payment.

said the grocer. "Your bill is £2, not 10 shillings.'

"Fergus, you see, thought that the

#### TO ST. VALENTINE.

Valentine! Saint Valentine! A pilgrim to thy holy shrine, ootsore, and very heavy-laden secause of love for one small maiden, My lips are dumb.

O Valentine! Saint Valentine! Thou know'st this little maid of mine, This dainty sweet, So pure and fair that when she passes Our gray old world grows green with Beneath her feet:

That everywhere her dear face shows The west wind takes it for a rose Just newly born. O grant, sweet Saint, that to But fragrance soft and bloom be showing

Oh, Phyllis fair! Oh, Phyllis young! That I might sue; That I might sing in golden numbers-To wake your heart from out its slumbers-My love for you.

Yet-no, dear heart! The years will bring A sweeter song than I could sing; So slumber on. You will awaken to discover-When he shall come—that happy lover, And I am gone. New York Independent.

## Aunt Madeline's Valantine

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ND the girl clings to this silly notion? It's preposterous! If you (52) don't make her give up that poor fellow and accept Rufus Clark, I'll have no more to do with any of you. I go to-night unless the girl gives in. She's your daughter; make her obey!" And Aunt Madeline walked out of the room, leaving her niece gentle, helpless Mrs. Price-in despair, for well she knew that her persuasions were powerless with loyal Kitty Price.

Kitty, the eldest of the widow's four children, had been Aunt Madeline's protege for years. Ever since her father's death the child had been clothed and educated by this aunt of Mr. Price's, a childless widow, who, to be near her darling Kitty, had for the last three years boarded with Mrs. Price, her liberal payment and well-chosen gifts helping out the widow's straitened income in a way all of them appreciated. That Aunt Madeline "should go" meant that Jack must right prospects. But Kitty unfortunately loved Herbert before Rufus appeared on the field, and she did not believe her aunt Madeline, who assured her let her support herself and her family after a few years.

Aunt Madeline had made a love match serself, and it had not turned out well. The, too, had been loved by a rich man. and by one who, if not poor, was not blessed with much of this world's goods. She persisted in marrying her choice, reverses had come, and he, a weak character, could not bear trials, resorted to opened the faded envelope with faststimulants to cheer him up, and at last falling tears. It was not Henry Joyce, was for years dependent upon his wife for his home and support. The rich lover never married, and just when Mrs. died, leaving his one love his large for tune. Judging by her own experience Aunt Madeline had some excuse for advocating marrying for money instead of for love; but "all lovers don't turn out so," Kitty argued, and was sure that manly Herbert, who had supported his vacillating Henry Joyce.

"I won't give him up. I ought not to. I can't." the girl was just repeating, when her gentle mother knocked at her out knocking. She respected each one's privacy, and perhaps it was for that reason that her children confided so fully in

her, taking her as their one confidant. "Come in, Motherdy. I can see Aunt Madeline has been tormenting you again. Why doesn't she come to me instead of good mind to tell her so."

"You won't have a chance, my dear;

your aunt is going to leave to-night." "Leave! for good? O mother! and I have done this when you need the help she gives so much! I wish-" and Kitty's voice sounded so hesitatingly that Mrs. Price ventured one last appeal.

"Kitty, dear, it is a sacrifice, and one I cannot ask of you, but if you make it of and unselfish thing. Rufus Clark would ake Jim into his employ, your aunt would see Jack through college, Minnie would have a luxurious home with you, moving in the best society, if anything happens to me-and Rufus is as good as have the floor. Herbert-I cannot but think your liking your early love."

when she sat alone with him.

you-the eldest daughter of a poor far more exceeding and eternal weight the dining room together, the young girl him to resist; so he sat down by his side

These words seemed ringing in the poor girl's ears. She must not drive Aunt Madeline from her mother. She must not deprive her brothers of Rufus' aid, or Minnie of the safe refuge she could command for her if she gave up Herbert. With pale lips, the girl said: 'Wait a moment, mother; I'll speak to ingly. Aunt Madeline; only let me sit alone a

The mother, frightened at the girl's looks, yet knowing how good and true a nan Rufus Clark was, left the room, fully from her former attitude, though longing to uphold her girl in her irst decision, and Kitty sat alone, not wavering now, only waiting until it

### "Government of the People, by the People, and For the People Shall Not Perish from the Earth."



Born in Hardin County, Kentucky, February 12, 1809. Died at Washington, D. C., April 15, 1865.

Meanwhile Mrs. Joyce was packing would bring them luck. Minnie wore her turned over a box full of papers she umphs." came across a pink envelope, worn and faded, but one that in its day was evidently chosen for its beauty to hold some dainty message.

"Harry's valentine! poor fellow, poor fellow! My own loving Harry." and she the drunkard, of whom she thought; it was her bonnie lover of those long years back. She seemed to be standing again, tiful and true to her, beaming upon her, as he said:

"I wrote it myself, Pet, and I want you to keep it always-from your Val-

"Always-forever." she had answered, with a blush. Ah, there is always one that gives, and one that takes, in love affairs. If she had been the giver, pouring out her very life in devotion and sacrifice for him, had she not found a wonderful secret happiness, even in her pain? Would she even now have her past life different? She pressed the faded valentine to her lips.

"Aunt Madeline, I have come to say you need not pack your things. I'll give Danville, while Lincoln was a circuit up-I'll marry Rufus Clark. Herbert lawyer. will understand, poor fellow. Do stay, Aunt Madeline!"

over my things on a rainy afternoon" (it widow and two sons. was perfectly dry outside, but the old lady was hard put to it), "to take it for Lincoln and the Dying Soldier Boy, granted I am going! And as for Rufus Clark, let him go, my child, let him go! I suppose you want Herbert, for better, the South, President Lincoln paid a visit for worse, and if it's for worse, dear," and the old lady's voice grew tender and solemn, "God will help you, as he has helped many another. The happiest marriages are not always the truestsome one must bear with and sustain of a Vermont boy about sixteen years of your own free will you are doing a great the feeble ones. Keep your Herbert, as you love him, and God bless you."

The girl longed to say, "But Herbert is not feeble, and there won't be any 'worse,' but all 'better,' in our marriage,' but she was wise, and let the old lady "There, this old valentine conquered

would soon grow as warm for him as for me-mere doggerel, I suppose, the lines seem to you;" and Aunt Madeline read The girl's face was white and fixed. the verses to Kitty, which were doggerel, debt of £1 by the payment of only 5 levotedly, and then, too, had not her dy- some old book, to suit the lover's puring father begged her to be a true elder pose. "Mere doggerel; but keep your sister to them? He might have fore valentines, dear, when they come from trayed no signs of weariness. When it seen some trial like this, for only a day your true love; they may keep you from was finished, he rose, saying: "I will or two before he died he said to Kitty, being a heartless, meddlesome old post this as soon as I get back to my wretch, and separating two true hearts, office. Now is there anything else I can "My girl, you have a hard lot before as I came near doing."

Kitty's mother went down to the teabright future for the sake of your orphan | bad to learn that Aunt Madeline was to brothers and sister; but do it cheerfully, stay and dear Kitty sacrificed, as to bid "I do want to hold on to your hand." bravely, and unselfishly and God will good-by to their one well-to-do relation. make such sacrifice work out for you a To her surprise, Kitty and Aunty entered meaning. The appeal was too strong for beaming and blushing, the old lady with and took hold of his hand. For two a tender light in her eyes, and a delicate hours the President sat there patiently, flush on her withered cheek.

"It's all right, Motherdy," said Kitty, wait for Minnie!" "But-I-" began Mrs. Price, wonder- hospital, they were still streaming down

"Mother, St. Valentine shall be my patron saint hereafter!"

At which speech Aunty's flush deepened, though she tried to come down grace-

"I still think Kitty is foolish, but time will teach her her folly!" and no one argued to the contrary.

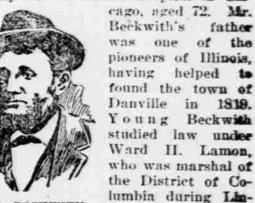
The wedding came off on St. Valentine's day, Kitty declaring that the saint groom."-Cleveland Plain Dealer.

her trunks and boxes, for she was a de- first "long dress," and Mr. Clark seemed termined woman, and meant to keep her so much struck with her wonderful reword. A friend had repeatedly urged her semblance to the bride that Aunty may leave school and go to business, that the to come and keep "old maids' hall" with still have one of her nieces "married little ones could have no new suits that her, and sometimes when the boys were well." Herbert in spite of Aunt Madewinter, that only bare necessities could particularly quarrelsome and noisy Aunt line's fears, seems altogether "for bet-Mrs. Price felt afraid to interfere fur- had hinted as much to Miss Mills, who er be rich, but he is loving and honorather with Kitty's choice of a husband. often said she would expect her "at any ble, and on each wedding anniversary It was true that the rich Rufus Clark | time." So now she telegraphed to Bos- he gives his wife a valentine, which is seemed to others fully as good a man, ton that she was to come by the night carefully treasured. But Kitty begs in kind, steady and devoted, as Herbert train, and went to work at her packing vain for the faded pink envelope and its Huntley, who had a small salary and no to keep down the feelings of regret and enclosure. "I'll leave it to you, dear," compunction that threatened to over- said Aunty, on the third anniversary of whelm her. She decided she would not Kitty's marriage, "but as long as I live pack all, but send or come for the rest, I'll keep my one valentine. May yours and thought with relief that she need have only sweet memories enshrined in not sort over her old mementoes of for- them! Mine, though precious, tells a mer days; but there was one paper she mixed tale of sorrow, hope, almost demust get at and take with her. As she spair. But, through it all, hope tri-

And Kitty, remembering the dying bed, where the poor weak man had repented of his wasted life, felt that even Aunt Madeline's choice had not been so utterly a mistake as some would insist. The Housewife.

### LINCOLN'S LAW PARTNER.

Hiram W. Beckwith, from 1856 to



coln's administration. He was a close friend of Lincoln and later became his resident partner at

From 1897 to 1902 Mr. Beckwith was president of the State Historical Society. "Stay! who talked of going? What He was compelled to resign in the latter nonsense! Just because I choose to look year on account of illness. He left a

> One day in May, 1863, while the great war was raging between the North and to one of the military hospitals, says an exchange. He had spoken many cheering words of sympathy to the wounded as he proceeded through the various wards, and now he was at the bedside age, who lay there mortally wounded.

Taking the dying boy's thin, white hands in his own, the President said, in a tender tone, "Well, my poor boy, what can I do for you?"

The young man looked up into the President's kindly face and asked: "Won't you write to my mother for me?" "That I will," answered Mr. Lincoln: and calling for a pen, ink and paper, he seated himself by the side of the bed and wrote from the boy's dictation. It was a long letter, but the President bedo for you?" The boy looked up appealingly to the

President.

"Won't you stay with me?" he asked. Mr. Lincoln at once perceived the lad's as though he had been the boy's father. When the end came he bent over and joyously. "Aunty isn't going away, and folded the boy's thin hands over his I needn't marry Rufus. He'll have to breast. As he did so, he burst into tears; and when, soon afterward, he left the

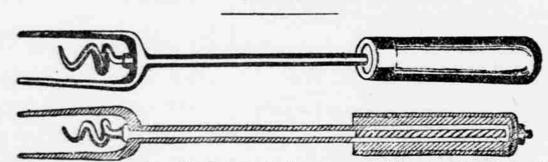
his cheeks.

Unnoticed. "You say you saw my sister at a

recent wedding?" "Yes. It wasn't very long ago." "But I don't remember that she

mentioned seeing you." "Very likely. I was only the

# A HANDY CORKSCREW FORK.



The accompanying illustration looks as much like a corkserew as it does a fork, but the combination makes a very excellent arrangement for kitchen service. It is particularly designed for turning and lifting large pieces of meat during the process of cooking. The fork consists of the usual handle, with a tube or sleeve fitted therein, the tines mounted on the outer end of the tube, and a rod passing through the tube and handle and carrying at one end the spiral screw, and the other end secured by a nut to cause the screw to revolve with the handle.

In operation the tines are driven into the meat to the proper distance, and the handle is then turned to cause the spiral screw to engage or twist into the meat, giving a firm and reliable connection between the fork and the meat. To remove the fork, release the screw by turning the handle in the

The advantages of the fork are apparent, for with it a piece of meat that is to say, to liquidate each just She loved her brothers and little sister and probably only slightly altered from or a fowl of any size can be handled with great ease without fear of tearing the meat or of dropping the same.

### FISHES THAT FLY FOR LIFE.

#### Interesting Scenes While Voyaging in the Gulf of Mexico.

"Watching the flying fish in the Gulf of Mexico is one of the favorite pastimes of persons who make the voyage across the Gulf for the first time," said an observant man, "and the habit is not an uninteresting one, for there is much to be learned, much that is new about the flying fish in the Gulf of Mexico.

were simply making sport of the big while. vessel that was plowing through the per this way and that, and seemed to fly as far as two city blocks. They are the order have held good? Why isn't be in a p'ayful mood all the while. interesting little fellows, and they all it as right to pay future debts at the mere flashes and splashes of water; and the stranger in Gulf waters."

now taking this form, now that, now when the order of the court was anshooting along with the course of the nounced to him. He paid all he owed ship; now bounding out from the ves- at once. He said he saw his way clear sel's side, and all the while apparently to growing rich. And next morning conscious of the fact that men and he started out to do a little shopping widow-you may have to sacrifice a table with bread. It would be almost as women were watching them. They for his wife. seemed to take somewhat of pleasure from the enjoyment of the human beings. But, of course, they were busy with other problems. It was not a pleasant business either. It was a and attractive to the stranger. There matter of life and death with them. is something particularly fascinating They were being pursued by their enemies. The only way they could escape was by leaving the water for a while. "During the trip recently we ran The enemy has not learned this little into great schools of them between trick of flying, and consequently could gus. 'I have permission from the judge here and Vera Cruz and it was diffi- not follow when the flying fish spread to pay 5 shillings in the pound.' cult not to believe at times that they their wings and soared in the air for a

"It is remarkable what distances rest of his natural life, and it was a blue waters of the Gulf. They would these delicate members can go on their hard business to convince him to the dart across the bow of the ship, scam- poorly trained wings. I have seen them | contrary. What I say is, why shouldn't

Bankruptcy.

cy story.

named Fergus MacGregor. Fergus carried the bankruptcy law to its logical conclusion, and proved, unconsciously, its fallacy. "The old man was a chandler. He got into difficulties, failed, went

shillings. "Well, Fergus was a happy man

"He went to the grocer's and bought

"'Fergus, man, this is not right,' "'Oh, yes, that's all right,' said Fer-

judge's order was to hold good for the They looked like animated sprays, ways draw the attention of the tourist rate of 5 shillings to the pound as to should grow dusk that her face might not pay past ones?"